

FOSSE BANK SCHOOL MENU

WEEK ENDING 17th November 2017



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Daily Homemade Soup				
MAIN	<u>Meat Free Monday</u> Tuscan Vegetable Pasta(GF) Cheese, Tomato And Basil Quiche (Gf)	Char Grilled Chicken With Barbecue Sauce And Sweetcorn Salsa (GF)	Cumberland Sausage And Sundried Tomato Plat	Homemade Burger Served With Brioche Roll	Salmon And Haddock Fish Cakes
VEGETARIAN		Quinoa Burger With Spring Onion And Lemon Dressing (GF)	Autumn Vegetable Bake (GF)	Roasted Red Pepper Frittata (GF)	Tex Mex Burrito (GF)
ON THE SIDE	Buttered Corn Lemon Carrots Paprika Wedges	French Beans Baby Corn Herbed New Potatoes	Buttered Kale Roast Squash Mini Rosemary Roasts	Pan Fried Courgettes Roasted Root Veg Spicy Sweet Potato Fries	Minted Peas Herbed Sweetcorn Minted New Potatoes
DESSERT	Honey Cake With Vanilla Custard	Lemon And Vanilla Mousse (GF)	Rhubarb And Berry Crumble With Crème Fraiche	Chocolate Brownie Cake	Orange Drizzle Cake
FRUITS	A Daily Selection Of Cut Fruits				
SALAD	Selection Of Freshly Prepared Salads, Protein And Vegetarian Dishes				