

FOSSE BANK SCHOOL MENU

WEEK ENDING 19th January 2018



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|---|---|---|---|------------------------------------|
| SOUP | Daily Homemade Soup | | | | |
| MAIN | <u>MEAT FREE</u> <u>MONDAY</u> Baked Penne with either Cheese or Tomato Basil(GF) | Lamb Burgers, Pitta Pockets, Mint and Cucumber Dressing | Traditional Beef Cobbler | Marinated Crispy Coated Chicken | Creamy Fish Pie |
| VEGETARIAN | | Lentil and Squash Pasties | Spring Onion Bhajis, (GF) | Handmade Mushroom Tart (GF) | Spicy Vegetable Croquettes (GF) |
| ON THE SIDE | Diced Herby Potatoes Tender Stem Broccoli Baby Corn | Rosemary Wedges Roast Honey Carrots French Beans | Three-Root Mash Buttered Savoy Cabbage Cauliflower Cheese | Sweet Potato Fries Herb Corn Pan fried Vegetables | Parsley Potatoes Minted Peas |
| DESSERT | Iced Vanilla Sponge (GF) | Apple and Berry Crumble, Vanilla Custard (GF) | Orange Drizzle Cake (GF) | Chocolate and Orange Mousse | Lemon Curd Marble Muffins (GF) |
| FRUITS | | | | | |
| SALAD | Selection of freshly prepared salads, protein and vegetarian dishes | | | | |