

# FOSSE BANK SCHOOL MENU

## WEEK ENDING 9<sup>th</sup> February 2018



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Daily Homemade Soup & Freshly Baked Bread (GF)				
MAIN	<u>MEAT FREE</u> <u>MONDAY</u> Baked Penne with either Cheese or Tomato Basil Sauce (GF)	Lamb Burgers Pitta Pockets Mint & Cucumber Dressing	Winter Beef Casserole, thyme & bacon	Marinated Crispy Coated Chicken	Creamy Fish Pie
VEGETARIAN		Lentil & Squash Pasties	Spring Onion Bhajis, (GF)	Homemade Mushroom Tart (GF)	Spicy Vegetable Croquettes (GF)
ON THE SIDE	Diced Herby Potatoes Tender Stem Broccoli Baby Corn	Rosemary Wedges Roast Honey Carrots French Beans	Braised Herb Basmati Rice (GF) Buttered Savoy Cabbage Cauliflower Cheese	Sweet Potato Fries Herb Corn Pan fried Vegetables	Parsley Potatoes Minted Peas
DESSERT	Iced Vanilla Sponge (GF)	Apple & Berry Crumble, Vanilla Custard (GF)	Orange Drizzle Cake (GF)	Chocolate & Orange Mousse 9GF)	Lemon Curd Marble Muffins (GF)
FRUITS	Seasonal Fruit				
SALAD	Selection of freshly prepared salads, protein & vegetarian dishes				